

THE LONESOME VALLEY CLUB

RULES AND REGULATIONS

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PREAMBLE

These Rules and Regulations for The Lonesome Valley Club (the "Club") are intended to be a guide to the use of the Club Facilities referred to in the Membership Plan. They are not intended to deal with all conceivable issues that may be presented for governance. These Rules and Regulations are established by the Club to protect the Club Facilities and employees to promote the health, safety, welfare and enjoyment of the members, their families and guests and all other persons using the Club Facilities or employed by the Club. The Club is committed to providing all members and their guests with an enjoyable club experience. To uphold these standards, members and guests are expected to act in a manner consistent with good intentions. The Club may amend these Rules and Regulations from time to time as it determines appropriate in its sole discretion. Additional Rules will be provided for the Club.

GENERAL CLUB RULES

1. Members, their families and their guests shall abide by all rules and regulations of the Club as they may be amended from time to time.
2. The Club Facilities shall be open on the days and during the hours as may be established by the Club. Areas of the Club may also be closed for scheduled maintenance and repairs.
3. Performance by entertainers will be permitted on the Club Facilities only with the permission of the Club.
4. Dining room activities for groups will be permitted only with the permission of the Club.
5. Alcoholic beverages will not be served or sold, nor permitted to be consumed, at the Club in any manner prohibited by state or local law. The Club reserves the right, in its sole discretion, to refuse service to a member or guest when that member or guest appears to be intoxicated.
6. All food and beverages consumed on the Club Facilities must be furnished by the Club unless otherwise permitted.
7. Employees are permitted to deliver food or non-alcoholic beverages to locations away from the immediate area of the clubhouse or other designated areas of the Club only with the permission of the Club.
8. Commercial advertisements shall not be posted or circulated in the Club nor shall solicitations of any kind be made on the Club Facilities or upon the Club's stationery without the prior approval of the Club. Other than as permitted in writing by the Club, no petition shall be originated, solicited, circulated or posted on Club property.
9. Members shall not use the roster or list of members of the Club for solicitation or commercial purposes or distribute the roster to anyone other than a member.

10. It is contrary to the Club's policy to have its facilities used for functions or fund-raising efforts for the benefit of a political cause, except as specifically permitted by the Club. The Club Facilities shall not be used in connection with organized religious services or other activities except as may be approved by the Club.
11. Members should not request special personal services from employees of the Club who are on duty or the personal use of the Club's furnishings or equipment which are not ordinarily available for use by members.
12. Dogs or other pets (with the exception of registered Service Animals) are not permitted inside the Club Facilities, except with the permission of the Club. Where dogs are permitted on the grounds, they must be kept under control. In the event they cannot be kept under control, they must be on a leash. Members are responsible for damage caused by an animal owned by the member or under the member's control.
13. Dogs or other pets waste must be cleaned up and disposed of properly.
14. All complaints, criticisms or suggestions of any kind relating to any of the operations of the Club or its employees must be in writing, signed and addressed to the Club Manager.
15. Members and their guests may not abuse any of the Club's employees, verbally or otherwise. All service employees of the Club are under the supervision of the Club Manager and no member or guest shall reprimand or discipline any employee, nor shall a member request an employee to leave the Club Facilities for any reason. Any employee not rendering courteous and prompt service should be reported to the management of the Club immediately.
16. Self-parking is permitted in areas identified as such. No parking will be allowed on grassed areas unless deemed necessary by the Club. "No Parking" signs must be observed. Vehicles parked in violation of "No Parking" signs may be towed at the owner's expense.
17. Smoking is permitted only in designated areas.
18. Cell phone use is permitted only in designated areas. Please use proper cell phone etiquette so as not to interfere with another member's use and enjoyment of the Club Facilities. We request that all cell phones be kept on silent mode while on the Club's premises.
19. No fireworks are permitted anywhere on Club property or adjacent areas unless part of a fireworks exhibit organized and conducted by the Club.
20. Firearms and all other weapons of any kind are not permitted on Club property at any time.

21. Use of the Club Facilities may be restricted or reserved from time to time by the Club.
22. Violation of any of these rules or conduct in a manner prejudicial to the best interests of the Club will subject the person in violation to disciplinary action by the Club in accordance with these Rules and Regulations.
23. The personnel of the Club will have full authority to enforce these Rules and Regulations and any infractions will be reported to the management of the Club.
24. In no event shall the Club discriminate against any individual because of the individual's race, color, religion, sex, national origin, age, physical handicap or marital status.

MEMBER DUES AND CHARGES

1. Members' dues will be billed on an annual basis unless otherwise determined by the Club, provided that the Club reserves the right to have dues payable on a monthly or quarterly basis.
2. A member is entitled to charge purchases at the Club so long as his or her membership is in good standing. Cash payments may or may not be permitted as determined by the Club from time to time.
3. All food, beverage, merchandise and services of the Club charged to the member's club account will be billed monthly and each member's club account shall be due and payable upon receipt of the monthly statement. The Club may require clubhouse minimums, in its discretion, which the Club may charge to the member's club account if the member does not charge such amount during each period.
4. Club accounts shall be deemed delinquent from the date first billed if payment is not received within 30 days after the date of the monthly statement. Past due bills will be subject to a one and one-half percent (1.5%) late payment charge per month, but not to exceed the maximum amount permitted by law. The late payment charge shall accrue 30 days from the date of the monthly statement until the account is paid in full. Members having past due bills may be charged a reinstatement fee at the discretion of the Club to reactivate an account once it is deemed delinquent.
5. If a member fails to pay any club account within 30 days of when it is first billed, the Club shall have the right to suspend membership privileges in the Club at any time until the delinquent account is paid in full. Continued delinquency for a period of 90 days from the date a club account is first billed or repeated incidents of delinquency by a member may result in extended suspension of Resident Membership privileges.
6. When a membership is issued in the name of more than one person, each person shall be jointly and severally liable for all dues, fees and other charges and liabilities associated with the membership. Fractional Resident Members are liable for only

those dues, fees and other charges and liabilities associated with their fractional interest.

7. If the club account of any member is delinquent, the Club may at its option take whatever action it deems necessary to effect collection, including without limitation, suspension of member privileges or legal action. If the Club commences any legal action to collect any amount owed by any member or to enforce any other liability of any member to the Club, and if judgment is obtained by the Club, the member shall also be liable for all costs and expenses of such legal action and reasonable attorneys' fees, including any fees required in connection with appellate proceedings.

GRATUITIES

1. For the convenience of all members, a gratuity percentage, as determined from time to time by the Club, may be added to all food and beverage sales. A member may increase the gratuity percentage by signing the ticket invoice and changing the amount of the gratuity as the member deems appropriate.
2. Cash tipping is not permitted by members of the Club.
3. It is customary for the Club to send a letter providing an opportunity for members to contribute a suggested contribution to a Holiday Fund for all Club employees. Payment of such contribution will be voluntary and will be included on the contributing member's December bill. This Holiday Fund provides the members with an opportunity to show their appreciation to Club employees during the holiday season. Club management shall be responsible for the distribution of these funds.

CONTACT INFORMATION

1. Each member shall be responsible for filing with the Membership Office, in writing, preferably on a form provided by the Club, his or her mailing address, e-mail address and telephone number and any changes thereto, where the member wishes all notices and invoices of the Club to be sent. A member shall be deemed to have received mailings from the Club ten days after they have been mailed to the mailing address on file with the Club. In the absence of a mailing address on file at the Membership Office, any Club mailing may, with the same effect described above, be addressed as the Club Manager may think is most likely to cause its prompt delivery.
2. The Club must be notified in writing of any change of address. Failure to do so shall constitute a waiver of the right to receive Club notices, bulletins and any other communications, and a violation of these Rules and Regulations.
3. The Club will not provide members' contact information to vendors or marketing firms.

MEMBERSHIP CORRESPONDENCE

Complaints or suggestions concerning the management, service or operation of the Club should be in writing, signed by the member and addressed to the Club Manager. Errors in billing charges should be directed to the attention of the Accounting Department.

CLUB SERVICES AND ACTIVITIES

1. The Club provides a variety of social, cultural and recreational events in which all members are encouraged to participate.
2. The Club desires to encourage the use of the Club Facilities by members for private functions on any day or evening, provided it does not interfere with the normal operation of the Club, contracted private events, or with the services regularly available to members. Members are requested to make reservations with the appropriate Club personnel for available dates and arrangements.
3. Private functions are permitted at the Club only with prior permission of the Club. The individual sponsoring the function shall assume full responsibility for the conduct of guests and the removal of any decor. The sponsor of the function shall be responsible for any damage to the Club Facilities and for the payment of any charges not paid by individuals attending the private function.
4. Special events and functions may be scheduled from time to time at the discretion of the Club.

RESIGNATION OF MEMBERSHIP

1. A member who owns a residence or homesite in Lonesome Valley shall continue to pay dues and may not resign from the Club until the subsequent purchaser of the member's property in Lonesome Valley acquires the existing membership and pays the required capital contribution to the Club.
2. Notwithstanding any resignation, the member and his or her spouse shall remain liable for any amounts unpaid on the member's club account.

DISCIPLINE

1. Members are responsible for their own conduct and for the conduct of their family members and guests. Any member whose conduct or whose family's or guest's conduct shall be deemed by the Club to be likely to endanger the welfare, safety, harmony or good reputation of the Club or its members or is otherwise improper, may be reprimanded, fined, suspended. The Club shall be the sole judge of what constitutes improper conduct, but improper conduct will include, without limitation: (i) submitting false information on the Membership Acknowledgement or Membership Agreement, (ii) conviction of a felony (member or spouse), (iii) failing to pay any amount owed to the Club in a proper and timely manner, (iv) failing to abide by the rules and regulations as set forth herein and as established by the Club

from time to time, (v) abusing Club personnel or employees, or (vi) acting in a manner incompatible with the standard of conduct of the existing membership or which would likely injure the reputation of the members or the Club.

2. Any member accused of improper conduct shall be notified of the Club's proposed disciplinary action and shall be given an opportunity to be heard by the Club to show cause why he or she should not be disciplined. If such member desires to be heard, the Club shall set a time and date (not less than ten days thereafter) for a hearing. While such complaint is being considered by the Club, the member shall enjoy the privileges of the Club. Notwithstanding the foregoing, the Club may, without notice and without a hearing, immediately suspend some or all privileges associated with a membership for failure to pay in a proper and timely manner dues, fees or any other amounts owed to the Club.
3. The Club may restrict or suspend some or all of a member's, family member's and/or guest's Club privileges. If the Club determines that a Resident Member's conduct or the conduct of his or her family or guest is improper, the Club may suspend or restrict that member's membership privileges or restrict the use privileges of the member's family or guest whose conduct was improper. No member is entitled, on account of any restriction or suspension, to any refund of any membership deposit, dues or any other fees. During the restriction or suspension, dues and other charges shall continue to accrue and shall be paid in full prior to reinstatement as a member in good standing.

LOSS OR DESTRUCTION OF PROPERTY OR INSTANCES OF PERSONAL INJURY

1. Each member as a condition of membership and each guest as a condition of invitation to the Club Facilities assumes sole responsibility for his or her property. The Club shall not be responsible for any loss or damage to any personal property used or stored on the Club Facilities, whether in lockers or elsewhere. Any such personal property which may have been left in or on the facilities for six months or more without payment of storage thereon may be sold by the Club, with or without notice, at a public or private sale, or may be otherwise disposed of, and the proceeds, if any, may be retained by the Club.
2. No person shall remove from the room in which it is placed or from the Club's premises any property or furniture belonging to the Club without proper written authorization.
3. Every member of the Club shall be liable for any property damage caused by the member, any guest or any family member. The cost of such damage shall be charged to the responsible member's club account.
4. Any member, family member, guest or other person who, in any manner, makes use of or accepts the use of any apparatus, appliance, facility, privilege or service whatsoever owned, leased or operated by the Club, or who engages in any contest, game, function, exercise, competition or other activity operated, organized, arranged

or sponsored by the Club, either on or off the Club's premises, shall do so at his or her own risk. The member and his or her family members and guests shall hold the Lonesome Valley Property Owners Association, Inc. (the "Association"), the Club, Lonesome Valley, LLC, any manager of the Club Facilities, their affiliates, their successors and assigns and their respective shareholders, partners, directors, officers, members, employees, representatives, agents, Board of Directors and members of the Club's advisory Board of Governors or committees (collectively, the "Indemnified Parties") harmless from any and all loss, cost, claim, injury, damage or liability sustained or incurred by him or her, resulting from the use of the Club Facilities, arising out of or incident to membership in the Club and/or from any act or omission of any of the Indemnified Parties. Any member shall have, owe and perform the same obligation to the Indemnified Parties hereunder in respect to any such loss, cost, claim, injury, damage or liability sustained or incurred by any guest or family member.

5. Should any party bound by these Rules and Regulations bring suit against any of the Indemnified Parties in connection with any event operated, organized, arranged or sponsored by the Club or on any other claim or matter in connection with membership in the Club, and fail to obtain judgment therein against any one or more of them, said party shall be liable to the prevailing Indemnified Parties for all costs and expenses incurred by them in the defense of such suit, including court costs and attorneys' fees and expenses through all appellate proceedings.

RESERVATIONS AND CANCELLATIONS

1. Dinner reservations may be required as determined by the Club. Members are asked to assist in maintaining required service levels by making reservations within the pre-determined specific timeframe. Reservations for parties of more than ten persons will be accommodated on an "as available" basis. A 24-hour notice is requested for parties of more than ten persons and a set menu should be arranged whenever possible. The courtesy of providing notice of necessary changes or cancellations is requested within the pre-determined cancellation policy of the event.
2. Reservations are required for most activities of the Club and shall be accepted on a first-come, first-served basis by pre-registering with the appropriate personnel of the Club.
3. For all functions of the Club held in the dining rooms of the Club, tables will be assigned on a first-call, first-choice basis. Reservations for special tables will not be accepted.
4. Reservations for dining will be held for only 15 minutes after the reserved time.
5. No member or committee shall plan or set dates for dining room activities without prior approval of the Club.

CHILDREN

1. Unless permitted by the Club, children under 12 years of age are not allowed at the Club Facilities unless accompanied and supervised by an adult.
2. Members are responsible for the conduct and safety of their children when enjoying the Club Facilities.

VEHICLES

1. All vehicles must abide by all posted speed limits and road signs posted throughout the property.
2. The category of "Utility Vehicles" includes but is not limited to low speed vehicles, golf carts, Mules, Polaris', etc.
3. To operate a utility vehicle, the operator must be at least 16 years of age, with a valid driver's license.
4. The operator must at all times obey traffic signs and speed limits.
5. All utility vehicles may never be driven on trails, meadows, or any other common area green space.
6. Violations of the vehicle rules may result in loss of driving privileges for a length of time deemed appropriate by the Club.

ATTIRE

General Attire - It is expected that members will choose to dress in a fashion befitting the surroundings and atmosphere provided in the setting of the Club. It is also expected that members will advise their guests of the dress requirements. The Club may publish dress requirements from time to time. Gentlemen and ladies are requested to dress in a fashion compatible with the appropriate occasion. Shirts and shoes must be worn at all times when on Club Facilities, other than in the locker rooms and at the swimming facilities. Bathing suits may only be worn in the pool and lake areas. All other Club Facilities require appropriate cover-ups.

GUEST PRIVILEGES

Guest privileges may be extended under the rules established by the Club from time to time. Guests will be entitled to use the Club Facilities only in accordance with the privileges of the membership of the sponsoring member upon payment of daily fees. Although it is the intention of the Club to accommodate guests without inconvenience to the members, the Club reserves the right to limit the number of guests that are invited by a member on any given day. The Club shall establish from time to time the rate of the daily guest fees, charges and the rules and regulations for use of the Club Facilities by guests. Guest privileges may be denied, withdrawn or revoked at any time for reasons considered sufficient by the Club, in its sole and absolute discretion. All guests shall be either houseguests or day guests. A houseguest is

defined as a guest temporarily residing in a member's residence. All other guests of a member shall be considered day guests.

DAY GUESTS

1. The Club reserves the right to determine from time to time the maximum number of times a day guest may use the Club Facilities as a guest of a member during each membership year.
2. All day guests must be accompanied by the sponsoring member while using the Club Facilities unless the Club determines otherwise.
3. Guest charges for any services will be charged against the sponsoring member's club account. Cash payments are not permitted.
4. Guest privileges may be limited by the Club, from time to time, in the sole and absolute discretion of the Club. Notice of such limitation will be given by the Club.
5. The sponsoring member shall be responsible for all charges incurred by the guest. The sponsoring member is also responsible for the conduct of a guest while at the Club. If the manner, deportment or appearance of any guest is deemed to be unsatisfactory, the sponsoring member shall, at the request of the Club, cause such guest to leave the premises of the Club.

HOUSEGUESTS

1. Houseguests must be registered by the sponsoring member with the Membership Office, prior to the arrival of the guests. Application forms requesting houseguest privileges may be obtained from the Membership Office. Houseguest privileges will be extended to guests of a member while that guest is residing in a member's residence. To provide membership privileges for a houseguest, the sponsoring member must initiate the application for houseguest membership at least five business days prior to the arrival date of the houseguest.
2. The Club must be notified of a cancellation at least two days prior to the arrival date of the houseguest. Failure to advise the Club of a cancellation may result in the member's club account being charged the full houseguest fee.
3. Houseguests are permitted to use the Club Facilities unaccompanied by the member in accordance with the rules and regulations adopted by the Club from time to time.
4. The sponsoring member does not have to give up membership rights for the period of time the houseguest is in residence.
5. The Club reserves the right to require identification by each houseguest.
6. Houseguest privileges may be limited by the Club, from time to time, in the sole and absolute discretion of the Club. Notice of such limitation will be given by the Club.

7. The sponsoring member shall be responsible for the conduct of a houseguest while at the Club. If the manner, deportment or appearance of any houseguest is deemed to be unsatisfactory, the sponsoring member shall, at the request of the Club, cause such houseguest to surrender the guest card and leave the premises of the Club.

GENERAL TENNIS RULES

1. The Rules of Tennis of the USTA shall apply at all times, except when in conflict with the local rules or with any of the rules herein.
2. Court reservations may be made by registering on the sign-up sheet located at the tennis court pavilion. No standing reservations will be accepted.
3. At the end of their playing period, players must promptly relinquish their court to the next players. Once a member is off the court, the member may sign up for the next available court time.
4. Appropriate tennis attire is required including proper tennis shoes.
5. Skateboards, bicycles, roller skates, roller blades, etc., are not permitted on the tennis courts.
6. Proper tennis etiquette should be observed at all times. Excessive noise, racquet throwing, or profanity will not be permitted at any time. Trash and other litter must be deposited in the proper receptacles.
7. Courts will be closed when necessary for maintenance operations, when dictated by safety considerations, and/or when under adverse or anticipated adverse weather conditions. The Club may reserve the courts for special events.

GENERAL POOL RULES

1. There is no lifeguard on duty. Use of the pool at any time is at the swimmer's own risk. Any injuries or accidents should be reported to the attendant immediately.
2. Members are responsible for the payment of any appropriate charges as the Club may determine from time to time.
3. Children 12 years and younger must be accompanied and supervised by an adult at all times.
4. Children who cannot swim must be accompanied by a parent or guardian at all times while in the pool area.
5. Children wearing diapers other than swim diapers are not permitted in the pool.
6. Swimming is permitted only during designated hours. The pool is officially closed when a "CLOSED" sign is posted.

7. Showers are required before entering the pool.
8. Bottles, glass objects, drinking glasses and sharp objects are not permitted in the pool area. Trash should be placed in the proper receptacles located throughout the pool area.
9. Food is allowed only in designated areas of the pool facilities.
10. All swimmers must wear bona fide swimming attire. Cut-offs, dungarees and bermuda shorts are not considered appropriate swimwear. Proper non-swim attire is required at all times in the clubhouse, other than in the locker rooms. Shoes or other foot coverings and caftans or shirts must be worn outside the swimming pool area.
11. Radios, televisions and the like are permitted only when played at a sound level which is not offensive to other members and guests.
12. Animals, bicycles, skateboards, and coolers are not permitted in the pool area.
13. Lifesaving and pool cleaning equipment should be used only for the purposes intended.
14. Running and hazardous activities are not permitted in the pool area. Pushing, dunking and dangerous games are prohibited.
15. Diving is not permitted.
16. Fishing, spear fishing and snorkeling equipment, other than a mask and snorkel, are not to be used in the pool area except as part of an organized course of instruction.
17. Throwing footballs, frisbees, tennis balls, or other objects, spitting or spouting water, and tag games are not allowed in the pool area. The pool staff has the authority to expel from the pool area anyone who does not follow these Pool Rules or whose conduct is otherwise unbecoming of a member.
18. All persons using pool furniture are required to cover the furniture with a towel when using suntan oils and lotions, as the use of these oils and lotions could stain or damage the furniture.
19. All persons using the pool area are urged to cooperate in keeping the area clean by properly disposing of towels, cans, and all other trash in the proper receptacles.
20. Smoking is not permitted in any area of the pool area.
21. Flotation devices are permitted for nonswimming children up to five years of age. Small toys such as balls, water guns, rings, etc., may be permitted, depending on the number of persons in the pool and the manner in which the toys are used. Air mattresses may be permitted, depending on the size of the mattress and the number of persons in the pool. The Club has the authority to discontinue use of these

mattresses upon the determination that they present a safety hazard or hinder the enjoyment of the pool by others. Tire inner tubes are not permitted at any time.

22. Persons who leave the pool area for over 30 minutes must relinquish lounges and chairs by removing all towels and personal belongings. Saving chairs for persons absent from the pool area is prohibited.

GENERAL LAKE AND POND RULES

1. There is no lifeguard on duty. Use of the lake at any time is at the swimmer's own risk. Any injuries or accidents should be reported to the attendant immediately.
2. Children 12 years and younger must be accompanied and supervised by an adult at all times.
3. Bottles, glass objects, drinking glasses and sharp objects are not permitted in the lake area.
4. All persons using the lake area are urged to cooperate in keeping the area clean by properly disposing of towels, cans, cigarettes, and all other trash in the proper receptacles.
5. In the interest of safety, no running, wrestling, dunking or other forms of horseplay will be allowed.
6. Only non-motorized boats are allowed on the lake.
7. Canoes, kayaks, and paddleboards provided by the Club are available for use by all members. All canoes, kayaks, and paddleboards must be returned and properly stored after use.
8. All persons using lake furniture are required to cover the furniture with a towel when using suntan oils and lotions, as the use of these oils and lotions could stain or damage the furniture.
9. All fishing is catch and release. Fishing is allowed only in designated fishing areas. Trout Pond is fly fishing only and only barbless hooks are allowed.

GENERAL HIKING TRAIL RULES

1. Only foot traffic is permitted on the trails.
2. Dogs or other pets waste must be cleaned up and disposed of properly.

GENERAL SPA RULES

1. All Club members are entitled to participate in any Spa programs which may periodically be offered and to utilize all Spa services, amenities and facilities as they

may exist from time to time, and subject to payment of any fees, space availability, and these Rules and Regulations, as they may exist from time to time.

2. Children under the age of 16 may be permitted to use the Spa facilities at the discretion of the Club Manager, and the written approval of their parents. Pets are absolutely prohibited in the Spa.
3. Operating Hours: Regular operating hours of the Spa will be posted at the Spa. From time to time, the hours of operation of the Spa may be changed or the Spa may be closed for necessary repairs or maintenance.

ALL SERVICES

1. Appointment cancellations must be made eight hours in advance or you will be billed at a rate of 50% for the service.
2. We require that you arrive 15 to 20 minutes prior to your service to relax and prepare for your treatment. If you are late for your appointment, it may be shortened to allow the therapist to be on time for the next appointment.
3. For your convenience, a 20% gratuity will be added to the charge for each treatment.

SAUNA AND STEAM ROOM

1. Consult your physician before using the sauna or steam treatment rooms. These treatments produce dry and moist heat and generally reach temperatures above 105 degrees. It is not advisable to remain in the treatment rooms for more than five minutes at any one time. Pregnant women should not use the sauna or steam or other facilities that would elevate the core body temperature.
2. Never use a steam or sauna treatment when you are under the influence of alcohol or narcotics, or when you have taken antihistamines, tranquilizers, vasoconstrictors, vasodilators or stimulants.
3. Elderly people and those who suffer from diabetes, heart disease or high/low blood pressure should not use saunas.
4. Never go into a sauna or steam treatment on a full stomach. Wait two hours after a heavy meal before using a steam or sauna treatment.
5. Following a strenuous exercise period, DO NOT GO DIRECTLY INTO A SAUNA OR STEAM TREATMENT. Rest and cool down; allow your pulse to return as close as possible to your resting rate before entering either facility.
6. For sanitary reasons, no shaving or paper cups are permitted in the steam treatment room.

GENERAL FITNESS RULES

1. All persons using the fitness facilities do so at their own risk and may be required to execute such forms releasing the Club from liability for their use of the Club's facilities as determined from time to time.
2. For members' safety, no leg weights or wrist weights may be worn during exercise classes unless specified as part of the class by your fitness instructor.
3. It is the responsibility of all persons to obtain instruction on how to use the equipment prior to usage of such equipment, and the equipment is only to be used in accordance with such instructions.
4. It is the responsibility of each person using the fitness facilities to consult with his or her physician, and such person should be in good physical condition and have no physical, medical or psychological conditions, disabilities, impairments or ailments, chronic or otherwise, which would preclude, impair or prevent the member from using the fitness facilities, equipment or amenities or engaging in active or passive exercise. Members assume full risk of loss and responsibility for damage to their health if the foregoing representations are not and do not continue to remain true.
5. Regular operating hours for the fitness facilities will be posted by the Club and may be changed from time to time.
6. A completed and signed health questionnaire may be required before using the fitness facilities. No physician or nurse will be on duty.
7. All members and their guests must sign in at the front desk.
8. Guest fees may be charged for use of the fitness facilities. If fees are established, the member's account will be billed.
9. All weights and pieces of equipment must be returned to their proper places at the completion of use.
10. Casual workout attire is acceptable at the fitness facilities including tee-shirts, tank tops, gym shorts or warm-up pants for men; and leotards, tights, tee-shirts, tank tops, gym shorts or warm-up pants for women. Only aerobic or court shoes may be worn at the fitness facility and in the aerobics studio.
11. Pregnant women should not use those fitness facilities that would elevate their core body temperature.
12. Smoking and alcoholic beverages are prohibited at the fitness facility. No food or drink may be brought onto the premises. Only approved beverage containers are allowed.

13. Members, family members and guests assume full risk of loss and responsibility for damage to their health.
14. No bare feet are allowed outside of the locker room areas.
15. No clothing or personal articles may be stored under benches or in the common areas.
16. Children under 16 years of age are not permitted to use the fitness facilities unless accompanied or supervised by an adult.
17. Horseplay, profanity, disruptive conduct and indiscreet behavior at the fitness facilities is strictly prohibited.
18. Stereos, televisions and tapes should be enjoyed at a volume so as not to disturb fellow members.
19. All jewelry must be removed prior to exercising.

MEMBERS ASSUME FULL RISK OF LOSS AND RESPONSIBILITY FOR DAMAGE TO THEIR HEALTH.

ADDITIONAL RULES

Additional rules for the sports court, boating, fishing and other outdoor activities may be posted at appropriate locations.

ALL RULES AND REGULATIONS ARE SUBJECT TO CHANGE FROM TIME TO TIME WITHOUT NOTICE.